



Experienced Mentor Jay Swedblom has agreed to facilitate a gathering for our **Male Mentors Only on March 2nd at 6pm.** Please plan to attend this informal opportunity to get ideas and brainstorm about issues that are unique to mentoring young men. Powerhouse will provide some appetizers and the rest is up to you!! RSVP with Kathryn and meet Jay at the **Lucky Lab Pub 915 SE Hawthorne Blvd**

**We don't want our female mentors to feel left out, so we have also planned a Ladies Night Out. Join Maria and Kathryn for a lively evening April 21st at 6pm and we will also meet at the **Lucky Lab Pub** Powerhouse will provide some yummy appetizers and we will all share in ideas for mentoring female youth. Please RSVP with Kathryn so we know how big of a table to reserve. This is a great opportunity to meet the many new mentors we have onboard!**



**Spring is in the air ... and none too soon for those of us who need the sunshine!**

**Ready for some Spring Trivia Questions?!**

**Q. What day does the Vernal Equinox take place?**

A. On March 20, the Vernal Equinox occurs, and Spring Begins. On the Equinox, the sun rises exactly in the East, travels through the sky for 12 hours, and sets exactly in the West; every place on earth experiences a 12-hour day.

**Q. What two flower colors do honeybees prefer?**

A. There are approximately 270,000 species of flowers; honeybees prefer yellow and blue ones.

**Q. How many flowers must bees collect pollen from to make a one pound comb of honey?**

A. Bees collect nectar from 2 million flowers to make a 1-pound comb of honey.

**Q. What is the average lifespan of a small cloud?**

A. The average lifespan of a small cumulus cloud is 10-15 minutes.

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**Kathryn' Schedule:** Just a reminder that my schedule will be different for the next three weeks and is as follows:

Week of Feb 22nd– Monday and Wednesday in the office

Week of March 1st—out of the office all week

Week of March 8th– Thursday and Friday in the office

Maria will be in the office Mon-Wed as usual and feel free to contact her. Please remember that she is not too involved in the matches once they are made as she has other responsibilities. She does have access to files, etc, but your best bet would be to call your youth's case worker if you have questions or need support.

**Powerhouse Mentors Out and About**



Many of our mentees have received large sports bags which were donated to us from NIKE. The youth love to haul their things around in these bags. Let Kathryn know if you are still interested in one. (New mentors can also get bags for their youth. We have about 15 left)

- **We have Free tickets to the Japanese Gardens located in downtown Portland. Let Kathryn know if you would like a pair.**

Maria Hein, 503-234-8757 x. 24

Email: [maria@powerhouseprogram.org](mailto:maria@powerhouseprogram.org)

Kathryn King, MSW 503-234-8757 x. 25

Email: [kathryn@powerhouseprogram.org](mailto:kathryn@powerhouseprogram.org)