



POWERHOUSE

Empowering Young Adults as they Transition from Foster Care

Inside this issue:

<i>News From Powerhouse</i>	1
<i>Friends of Powerhouse</i>	2
<i>Julie & Loraine: Mentor/Mentee of the Year</i>	2
<i>What Have They Been Up To?</i>	3
<i>Welcome New Mentors and Congratulations to the Veterans</i>	3
<i>As the year draws to a close...</i>	4

News from Powerhouse: It's all good!

We have a lot to be thankful for as we get ready for Thanksgiving this year!

- Julie and Loraine, one of our long-time matches, were recently named Mentor/Mentee Match of the Year by Oregon Mentors, our state-wide mentoring partnership. Julie and Loraine have been matched for over three years. Loraine had a turbulent childhood, losing both mother and father at a young age. She also lost a grandmother she was close to. Julie provided a stable, positive female role model for Loraine. When Loraine got pregnant her junior year of high school Julie was very disappointed. She had preached the importance of finishing school and NOT getting pregnant. But Loraine kept her promise to Julie and finished school on time. With the help and support of our Mentor Match Case Manager, Julie made up her mind that Loraine would be the best young parent she could be and continues to support her in that goal. Loraine was awarded a \$1500 scholarship by Oregon Mentors that will come in handy when she starts PCC in January to study social work.
- We got a phone call late last spring from a group of concerned citizens in the Hood River/Wasco County area who were interested in replicating Powerhouse Mentoring in the mid-gorge and wondered would we help? We couldn't say YES fast enough! We just finished training their first group of mentors along with several new mentors here in Portland. They are a fabulous group of caring people and we are so excited to finally see mentoring specifically for foster teens spreading to other areas of the state. They are working under the name "Mentor for Success, a program of Powerhouse Mentoring". We look forward to sharing updates. They plan to make their first matches early in January.
- Groupon, the website that features discounted gift certificates usable at local or national companies, selected Powerhouse as their cause of the week this fall and we benefitted to the tune of 440 unexpected but very useful dollars.
- Once again, our contract was renewed by the Department of Human Services. It's only for one year but, given current budget constraints and uncertainties, we're just happy to have it.

We are thankful. It's all good news! We hope you and yours are also celebrating the gifts in your lives at this time of year.

Next New Mentor Training:

Wed. evening, Jan. 18 and 25, 2012, 6:30 – 9:30 PM; please call to RSVP at 503-234-8757 x24

Friends of Powerhouse

Larry Dalton*
Carissa Talbot*
Judy Ludwigsen*
Ray Rowntree
Charlotte Rubin
Ron Runyon
Jay Swedblom*
Anonymous
Elisabeth Bollinger

*Denotes sustaining donor

In-kind Donations

The Portland Columbia Symphony Orchestra

Oregon Mentors

The Japanese Garden

Lloyd Center Ice Rink

Lan Su Classical Chinese Garden

Museum of Contemporary Craft

Thank you!

Julie and Loraine: Mentor/Mentee Match of the Year 2011

Julie and Loraine were presented with their award at the annual Oregon Mentors Awards Luncheon at The Nines Hotel. The audience included Governor Kitzhaber, many local elected officials, CEO's of Oregon's leading corporations and representatives from business, education and government.



Celeste Janssen of Oregon Mentors presented Julie and Loraine their award. Photo courtesy of Mike Zaugg Photography.



I think we felt like proud parents.

What have they been up to?

J and F came to the Multicultural party and had a delightful time
D and A went flying! A is *still* smiling!
S and P went shopping
K and H went to the Schnitzer dance performance by Pilobolus
K and H also went to a Haunted House
R and A went up to Timberline Lodge and talked about how to survive a zombie apocalypse
C and A went to a Haunted Corn Maze and practiced driving in an empty parking lot
M and T did job searches on the Internet, applied for jobs and went to the zoo
S and P went to the West Linn Art Festival
D and A went to the OMSI Exposition of Body Works
J and A went to Saturday Market
R and R went to a concert, with Papa Haydn's afterward
T and R went to the circus
J and F went to hear the symphony
K and H went for a swing at the park and saw a movie at Kennedy School
S and B went to a Timbers game
C and S went to the park for a picnic and got chased by a bee

E-Newsletter?

We know many of you are doing your bit to reduce, re-use, and recycle. If you would prefer to receive this newsletter electronically as an attachment to an email please let us know. Just email us at:
info@powerhouseprogram.org
and say "e-news" in the subject line. Your next edition will arrive safe and sound via the email address you use to contact us with your request.

Powerhouse—doing our best to be green!

Welcome new mentors who have joined us recently:

Angela Dean
Michele Reveneau
Carrie Reimer
Angela Pledger
Michal Mesa-Hamad
Mary Cook
Charlotte Flory
Jenny Nones
Ryan Sollee
Justin Ramsay

Mentor for Success in Hood River:

Bonnie New
Elaine Castle
Alice Kimball
Aera Atkins
Daniel Rowe
Sally Forster

Congratulations to our newest members of the over one year club:

Carissa & Shanesse Tracy & Wendalynn Casey & Amber

Our mentors are the best!

Powerhouse

5605 E. Burnside
Portland, OR 97215
503-234-8757
FAX: 503-234-8758
www.powerhouseprogram.org



As this year draws to a close...we continue to appreciate the support of so many generous friends. One example of how we put your gifts to work includes providing all-important ongoing training for our volunteer mentors. Topics have included adolescent brain development, trauma-informed care, and exciting new ways teens can advocate for themselves. Each training costs us about \$400 and those are funds we must raise. Our contract with DHS only covers about 60% of our program budget. Julie, our award-winning mentor, will tell anyone who will listen how much she values the trainings she attended at Powerhouse. Please consider helping us continue to provide the highest level of support for our mentors. We appreciate all levels of gifts and will provide prompt acknowledgement. Our agency, The Inn Home, Inc., has recently redesigned its webpage and created an on-line link for donations. For those of you who prefer to use your credit card to make your gifts to Powerhouse it is easy and painless. Open your internet browser and type in the following internet address:

<http://www.theinnhome.com/donations.html>

- Choose the amount you want to give in the first box.
- In the box labeled "Allocation" use the arrow at the right of the box to pull up a list of programs in the agency. Highlight Powerhouse Mentoring.
- Next click on "Add to Cart" and it will walk you through the check out process using PayPal, a safe, secure, easy-to-use on-line payment system that allows you to draw directly from your checking account or charge to a major credit card.

BUT, if you still prefer the personal touch, just use the envelope included in this newsletter as you have in the past. We appreciate every gift equally!