

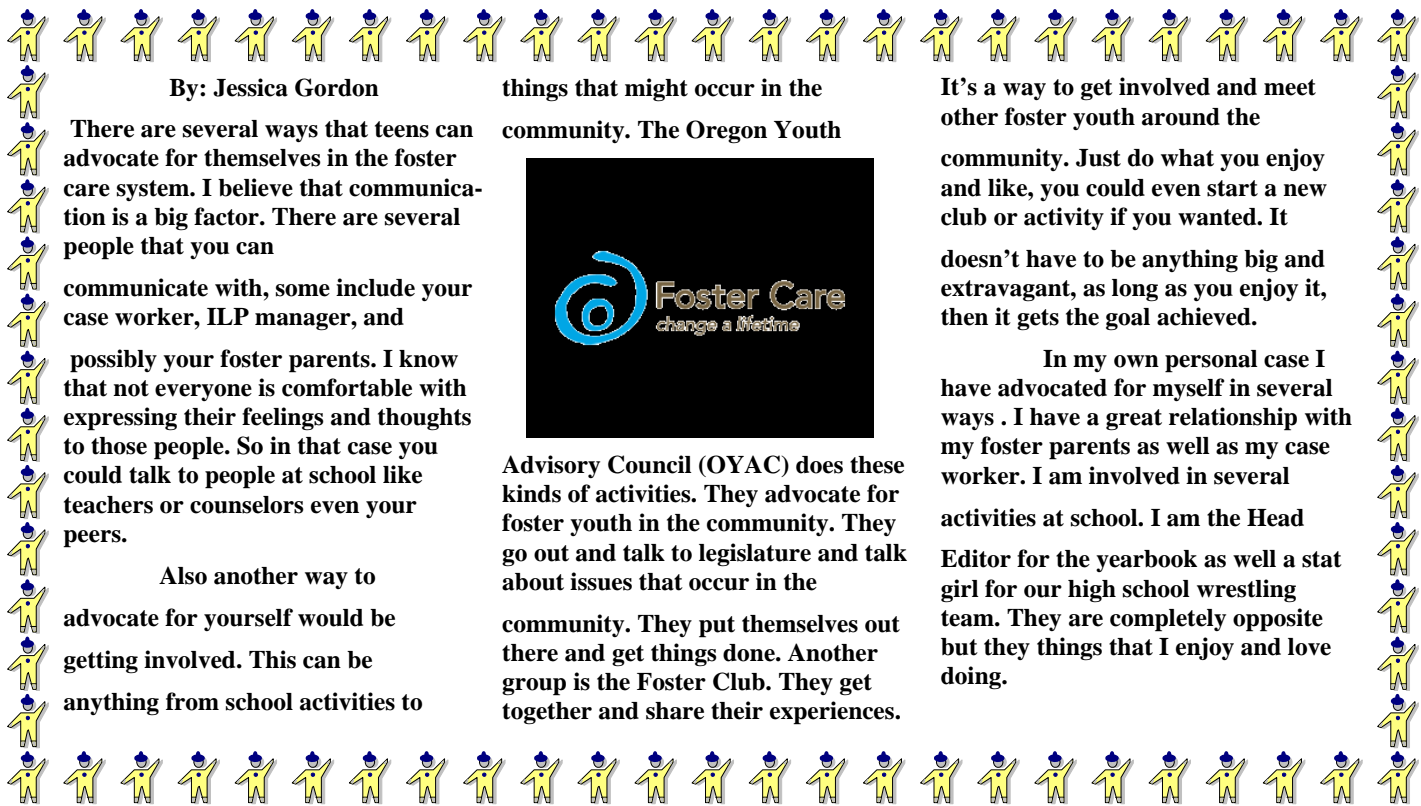


May 2010

THE 411 ON PDX ILP

5605 E BURNSIDE, PORTLAND OR 97215 503-234-8757
FACEBOOK & MYSPACE @ PDXILP

Ways to Advocate for yourself as a Foster Youth



By: Jessica Gordon

There are several ways that teens can advocate for themselves in the foster care system. I believe that communication is a big factor. There are several people that you can

communicate with, some include your case worker, ILP manager, and

possibly your foster parents. I know that not everyone is comfortable with expressing their feelings and thoughts to those people. So in that case you could talk to people at school like teachers or counselors even your peers.

Also another way to advocate for yourself would be getting involved. This can be anything from school activities to

things that might occur in the community. The Oregon Youth



Advisory Council (OYAC) does these kinds of activities. They advocate for foster youth in the community. They go out and talk to legislature and talk about issues that occur in the

community. They put themselves out there and get things done. Another group is the Foster Club. They get together and share their experiences.

It's a way to get involved and meet other foster youth around the community. Just do what you enjoy and like, you could even start a new club or activity if you wanted. It

doesn't have to be anything big and extravagant, as long as you enjoy it, then it gets the goal achieved.

In my own personal case I have advocated for myself in several ways. I have a great relationship with my foster parents as well as my case worker. I am involved in several

activities at school. I am the Head Editor for the yearbook as well a stat girl for our high school wrestling team. They are completely opposite but they things that I enjoy and love doing.

My ILP Experience

My experience in ILP definitely has been a lot of fun and enjoyable. My ILP CM reminds me of all the cool events that are going on at the ILP office. I am currently taking the cooking class. It has been nice to see the different aspects on food and see how cheap it can be if you go to the right places and look for the right things. We have made quite a few YUMMY dishes like Pizza as well as home made

chips and peach salsa.

I like being in the ILP program because my ILP CM reminds me of the things that I need to get done for college as well as Congratulates me on the things that I have been able to accomplish. I currently have receive the Dell Scholarship as well as the Kaiser Scholarship. My case worker has been there and supported me the whole way. - Jessica Gordon

“Don't be a fool

Stay cool

By meeting with your ILP worker

Every month!”

-Jessica G.& Jessica R.

Get the scoop..

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Happy May Birthdays!!!!

LaRoma	2
Natasha	2
Shameka	3
Maylan	6
Jessica R.	11
Jessica W.	11
Samantha W.	14
Devonna	16



Benjamin M.	16
Cody S.	18
Tasia C.	20
Heidi P.	21
Adriana G.	24
Juju	30

Meet our Newest Team Member...
Case Manager, Katie Stine-Hodges!

Katie Stine-Hodges is a Portland native and a graduate of Portland State University's Child and Family Studies program. Her focuses in school included Youth Work, Women's Studies, and Gender and Sexuality Studies. Katie believes that all people (and especially youth!) have the right to self-determination and the ability to develop powerful and comprehensive skills for living independently, happily, and healthily. She is excited to begin working with The Inn ILP to help youth accomplish their goals and dreams!

Her previous work, practicum, and volunteer experience includes Trillium Family Services, DHS Child Welfare, Open Adoption & Family Services, Dove Lewis Animal-Assisted Therapy and Education Program, and Impact Northwest Mentoring. When she's not at work, she enjoys spending time with her partner and dogs, seeing friends and family, exploring the city she's lived in all her life, spending time outside, reading, and attending concerts, plays, and movies.
She is looking forward to meeting and spending time with all of you!



Newest team member, Katie Stine-Hodges and her puppy ,Oscar.

CALLING ALL ARTISTS!!

Create a New Look for
The Inn &
Win Fabulous Prizes!

Ask The Inn Staff

(ILP, Inn Home, Springwater, etc.)

For Details About Our Agency
LOGO CONTEST!

Ask Today...

Entry Deadline is June 1st!



Our current logo, an outdated picture of the group home, needs to be updated to reflect all of our transition programs and our mission to "Expand Opportunities".

THANK YOU IMAGINE GRAPHICS OF EUGENE!!

Imagine Graphics awarded The Inn ILP a beautiful vinyl banner (a \$400+ value) to help promote our program !



Can you spot your Case Manager in this picture?
If not, you should call them today!

Your ILP Team from Left to Right:
Katie x14, James x22, Marni, Herbie x18, Tina x21, Diane x11 Jane x23 and Zenith x13.
Is someone not pictured? Call x19 if you know who it is and win a movie pass!

Volunteering, Food Handler's and more...

Volunteer Opportunity

According to the Oregon Food Bank:

"Distribution of emergency food boxes increased 14% from 792,000 in 2007-08 to 897,000 in 2008-09 — an increase of 105,000 additional emergency food boxes".



To help end hunger, join us at the Oregon Food

Bank to unpack and sort donated food for low income people in Oregon. You are helping out those in

need while learning new skills to put on your resume!

If you are interested in volunteering, please contact Jane @ x23 or Zenith @ x 13. (Limit 5) Meet at ILP on 5/27@ 5:30pm. *Please wear closed-toed, closed-heeled shoes, and old clothing.*

Credit Jeopardy

Please note future SE Works workshops will be held on the same day. Credit Jeopardy will meet 5/11 @ Junior Achievement Bldg from 1-2 and if can't make that time, from 5-6 @ SE Works.

Loans 101

Join me at SE Works to learn the right loans to take out for school, auto, and more. 5/25 JA Bldg 1-2 and SE Works 5-6.

Food Handlers Study Group and Test will be combined this month with Employment Readiness Workshop. It is open to all ILP youth interested in taking the food handlers test. Join us on 5/27 @ILP from 4:30-6. *Please bring school or Oregon ID.*



What u need to know.....

College Group:

Next Meeting May 11th!

The next college group will be about life beyond college.

6-7pm at the ILP office.

Dinner will be served!

Please join us... R.S.V.P with Amy S. ext.. 26.

Back by Popular Demand!

Employment Workshop Series

Based on the success of the first Employment Workshop, ILP will be having another series starting every Thursday, from May 6 for 5 weeks. The workshop will cover resume writing, a field trip, mock interviews, and a chance to take study and take the Food Handler's Test. Contact Mad @x19.

Shop Til U Drop

Monday, May 24th

New Hours!!!

Upstairs @ ILP

2pm-7pm

Do you need interviewing or summer clothes? Then mark your calendars! You will find purses, shoes, dresses, tops, pants, and shorts. Women sizes 2-14 or S-XL. There will even be guy clothes. If you have questions, contact Tina ext. 21

Info at your fingertips:

DHS Hotline:

(503) 731-3100

Planned Parenthood

1-888-875-7820

www.plannedparenthood.org

Human Solutions

(Utility Assistance)

(503) 548-0200

Youth Employability Support Services (YESS)

(503)491-7641

Public Benefits Hotline

1-800-520-5292

Recognition Night

All ILP graduating 8th grade, High school Seniors, GED recipients or from College



Mark your calendars for our annual Recognition Night being held in your honor. This year it will be held at

Portland State University

Wednesday, May 19

Details to come...Check your mail!

Save the dates...

Oregon ILP Teen Conference

June 21st- June 24th

Application Deadline June 1st

Contact your cm for apps.

Oregon ILP Teen Retreats in

July. Apps coming soon.




14-16 y/o



MAY 2010

Junior Achievement/JA Bldg: 7830 SE Foster Rd, 97206
ILP: 5605 E Burnside PDX, 97215
SE Works: 6927 SE Foster Rd PDX, 97206

503-772-2300
 503-234-8757
 503-772-2300

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Queer 101 Please call Herbie @ ext 18. We will pick a date and time together</p>						<p>1 May Day!</p> 
2	3	<p>4 Orientation @4pm ILP</p>	<p>5 </p>	<p>6 Employment Workshop! <i>Resume Night</i> Meet @ SE Works 4:30-6 Contact Mad #19 OFB 5-8 Registered</p>	7	8
9	10	<p>11 Credit Jeopardy @JA Bldg 1-2 and SE Works 5-6 College Success Night @ILP 6-7pm Orientation @4pm</p>	12	<p>13 Employment workshop! <i>Field Trip</i> Meet @ ILP 4:30-6 OFB 5-8 Preregistered</p>	14	15
16 OFYC	17	18 Orientation@4pm	19 Graduation Recognition Night 6-9:30	20 Employment Workshop! <i>Mock Interviews</i> Meet @ ILP 4:30-6	21	22 Lingo 101 @ ILP 1-3 with Tina & Josh xt.21
23	24 Shop Til U Drop! 2-7 PM @ ILP	25  Orientation@4pm Loans 101@ JA Bldg 1-2 and SE Works 5-6	26 Movie Madness @ILP 6-8	27 Employment Workshop/Food Handler's @ILP 4:30-6. ILP Volunteer Night Meet @ILP 5:30 Contact Jane@x23 or Zenith x13 (Limit 5)	28	29
30	31 Memorial Day ILP Closed 